

The art of friendship, Louise Bourgeois

10am is When You Come to Me

NATIONAL
GALLERIES
SCOTLAND



10am is When You Come to Me, 2006, Louise Bourgeois
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This series of paintings represents Louise Bourgeois' friendship with Jerry Gorovoy. The hands are painted on top of printed musical score paper in red.

It's called *10am is When You Come to Me* and refers to the time that he would arrive at her studio to begin their daily routine together. He worked with Louise Bourgeois for thirty years; their day together would begin at 10am.

This week, we're thinking about friendship, care, and representing our daily routines!

Activity 1: Give us a hand!

How do we care for the people that we love? How do we care for ourselves?

Let's create an imaginary art recipe full of ingredients – things that help you feel good and might make others feel good too!

Your recipe, made up of your own personal favourite ingredients, could be a list, a set of photographs, a song, dance or a drawing! It's up to you.

Examples of favourite-thing ingredients could be:

- A song that makes you smile and dance every time you hear it
 - An object that a friend gave to you
 - A big hug from someone you love
 - The smell of your favourite food cooking
 - A favourite, cosy corner that you like the best
 - The feeling you get when you wear your favourite item of clothing
- ... anything that makes you smile!

You can use anything that you have around you to record your ingredients and make a recipe to share with others; materials could include:

- Pencils, crayons, pens, paint to write with
- Paper, newspaper, old envelopes, cardboard box to write on
- A phone or camera to take pics, make a video, record sound to send a message

One of the best things about recipes is sharing them! Pass your recipe on to a friend or someone from your family and ask them to make a recipe of their own that you can try out – or tweet / facebook us your recipe via #HomeArt – we'd love to try them out.

Activity 2: See, Think, Wonder

This series of paintings represents a relationship between two friends. Louise said of her friend Jerry, 'When you are at the bottom of the well, you look around and say who is going to get me out? In this case it is Jerry who comes and he presents a rope, and I hook myself on the rope and he pulls me out.'

These questions help us think about how we support and help the people that we care about:

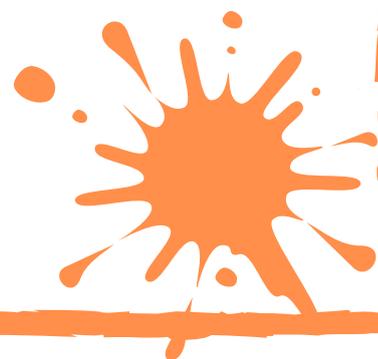
- Can you think of a time when somebody cared for you? What did it feel like, what did they do to help? It could be something really small, or really big.
- What comes into your head when you hear the word, 'care'?
- Can you think about a time when you cared for somebody?
- How did it feel to care?
- Think about some things, animals or places that matter to you and how you care for them.
- Can you describe what it feels like, sounds like, smells like or even tastes like to be cared for?



Activity 3: Put your hands together!

Draw around your hand and someone else's from your family. What type of paper would you like to draw on – newspaper, magazine, coloured paper and which pens?

Think about how you position your arms on the paper, the colours you might use and how you might distinguish your hands and arms from your family member. Louise Bourgeois' hand can be identified by the wedding ring she wore.



Activity 4: Dancing hands!

The hands in Louise Bourgeois' paintings are painted on top of musical score paper – the hands and arms make a kind of dance.

Take a moment to design your own costume inspired by this artwork.

Activity 5: Take note

Louise Bourgeois kept lots of diaries and used words, drawings and marks to record her feelings and emotions. Keep a diary for 5 days, recording a few words to sum up your day.

Colour is very important in the work of Louise Bourgeois; the colours red, white and blue - the colours of her adopted and home country - are particularly important to her. If your mood was a colour today, what colour would it be? Make a drawing in your diary using that colour.

For under 5s: Paper Pals!

You'll need A4 paper, scissors, and coloured pens or pencils.

- Fold the paper into four sections, concertina style.
- Draw a person on the top layer of paper, making sure that the arms stretch out to the edges.
- Cut the person out, through the folds
- Pass it to your child to unfold the line of people. They should all be holding hands.
- Encourage your wee one to think about their friends and family and give them the tools to add features to represent their best pals.

Activity 5: Take note

