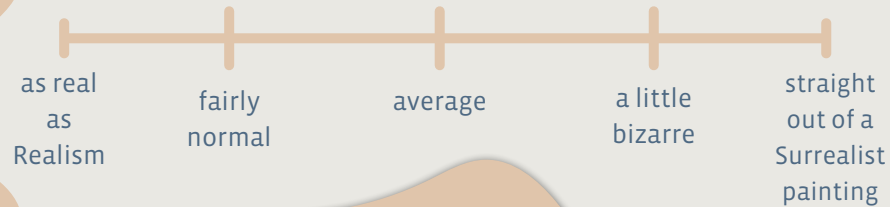


DREAM JOURNAL

The Surrealists were interested in using dreams as a way to explore the unconscious, hidden thoughts, emotions, and desires. Use this practice to try to understand or capture even your most bizarre and confusing dreams.

SURREAL METER



DREAM THEME

WHO:

WHERE:

FEELING:

TRY OUT A TITLE

CAPTURE THE FEELING, IMAGERY, COLOURS