Fill up your week with these free fun art activities!

Every Monday, National Galleries of Scotland posts a new set of creative activities that have been designed for children of all ages to explore at their own pace. And, of course, grown-ups can join in too – especially with the mid-week #ArtTogether activities!

These wee taster activities require absolutely NO ART MATERIALS – just a little bit of imagination and a lot of creativity. They aim to develop creativity skills, such as problem solving, imagination, curiosity and open-mindedness. Please keep in mind that there are no wrong answers - this is all about looking, chatting, making and enjoying your time together at home!

Visit nationalgalleries.org to see the activities, artist videos, zoom in on artworks and more – or work your way through these PDF versions! We’d love to see the great art you make at home, and to hear how you’re getting on so please share your photos on our Facebook page or by using #HomeArt on Twitter or Instagram!
This week's inspiration is Alison Watt's painting Sabine. Her painted folds of fabric show her amazing attention to detail. She is inspired by historical painters (google Ingres for one example) and the drapes of fabric that you can find in these paintings, but she makes them look and feel very modern.
Week Four: Order from Chaos

1. Make it yours
Alison Watt talks about artists' creating order out of chaos. Pull everything out of a cupboard, a drawer or a bag and edit it to find an order that you like. Look really closely and draw what interests you the most. Can you put everything back in a totally different way?

2: See, Think, Wonder
Look at the painting by Alison Watt for at least 60 seconds.
-What does the title Sabine make you think about?
-Who might Sabine be?
-Where is she?
-What questions would you ask her if she could speak to you?

She says that the world is chaotic and making art helps her make order out of the chaos. Think about things that are chaotic, or crazy, in the world, in your life, in your home, at school, in your head...
-Is it ok for things to be crazy?
-What things would you like to be less crazy?
-What could you change? How?
3: Mid-week #ArtTogether
Grab your sheets and create an Alison Watt inspired Art Den together in your living room!

4: Watch!
Listen to Alison Watt describe what she thinks is the role of an artist. Do you agree? Can you make your own artist video sharing your ideas about art? https://youtu.be/Ru6e8ar6mlg

5: Absent presence
There's no human figure in this painting, but it still feels like somebody has been there or is under the sheet. Can you make an artwork that shows the presence of someone, without showing that they are actually there?