So the project is a collaboration between the National Galleries of Scotland and the University of Edinburgh called Find Your Surreal.

This is a webpage where we will encourage visitors to interact with the discomfort and emotional responses caused by Surrealism.

We encourage creative exploration through the webpage features.

We felt that Surrealism offered us a chance to look back at how artists in the past have also coped with difficult times.

Surrealism came out of a desire following World War I to cope with their collective anxiety.

To portray the fears and struggles that they were going through to make them less scary.

We wanted to adopt that same attitude and look back at a time in history that we think reflects what we're going through right now.

Look at the ways that they coped so see how we cope.

The idea behind the content was trying to make it as customizable as possible.

We really wanted to stress the idea of find your surreal.

We don't want to force anyone down one particular narrative or one particular way of engaging with Surrealism.
It's not only about exploring Surrealism but it's also about exploring yourself.

We're trying to meet people where they're at, whether that's at home, on their computer, or using platforms that a younger and wider audience may be more familiar with.

The exploration phase doesn't have to exist only in the institution itself but it can be anywhere that you are.