Art Stomps
Family trail for under 5s

Read the prompts together
Look at the art in the gallery
Explore inside and outside

Yours to discover
nationalgalleries.org
Sshhh . . . there are animals in the paintings, some are wild, and some are shy.

Tiptoe around the gallery, can you spot them?

Are they big or small?
Do they fly or do they crawl?

Look out of the windows, what animals can you see in Princes Street Gardens?

Use the cut-out frame to find as many of these colours as you can.

Imagine you’ve jumped right into a picture . . . which one will you choose?

Sniff sniff, what can you smell?

What can you hear? Listen well!

There are lots of paintings of the sea.

What colour is the water?
Is it calm or is it choppy?
Explore nature in the gallery and in the gardens

Wee buds, tiny leaves – what signs of **spring** can you see?

What sounds tell you it’s **summer**?

In **autumn** twirl a leaf, let it float, let it dance.

Can you find something that sparkles in **winter**?

**Can you find a painting for each of the seasons?**

**There’s lots for families to discover at the National.**

We’re free to visit and open every day.

Ask us if you need anything, we are here to help you make the most of your visit.

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